

# DENTAL HISTORY

Patient Name \_\_\_\_\_ Preferred Name \_\_\_\_\_ Age \_\_\_\_\_  
How would you rate the condition of your mouth?      Excellent      Good      Fair      Poor  
Previous Dentist \_\_\_\_\_ How long have you been a patient? \_\_\_\_\_ Months/Years  
Date of most recent dental exam \_\_\_\_\_ Date of most recent x-rays \_\_\_\_\_  
I routinely see my dentist every      3 mo.      4 mo.      6 mo.      12 mo.      Not routinely

## WHAT IS YOUR IMMEDIATE CONCERN?

### PLEASE ANSWER YES OR NO TO THE FOLLOWING:

#### PERSONAL HISTORY

YES NO

1. Are you fearful of dental treatment? How fearful, on a scale of 1 (least) to 10 (most) [\_\_\_\_\_]
2. Have you had an unfavorable dental experience?
3. Have you ever had complications from past dental treatment?
4. Have you ever had trouble getting numb or had any reactions to local anesthetic?
5. Did you ever have braces, orthodontic treatment or had your bite adjusted, and at what age?
6. Have you had any teeth removed, missing teeth that never developed or lost teeth due to injury or facial trauma?

#### SMILE CHARACTERISTICS

YES NO

7. Is there anything about the appearance of your mouth (smile, lips, teeth, gums) that you would like to change (Shape, color, size, display)?
8. Have you ever bleached (whitened) your teeth?
9. Have you felt uncomfortable or self-conscious about the appearance of your teeth?
10. Have you been disappointed with the appearance of previous dental work?

#### GUM AND BONE

YES NO

11. Do your gums bleed sometimes or are they ever painful when brushing or flossing?
12. Have you ever been treated for gum disease, had deep cleanings, or been told you have lost bone around your teeth?
13. Have you ever noticed an unpleasant taste or odor in your mouth?
14. Is there anyone with a history of periodontal disease in your family?
15. Have you ever experienced gum recession, or can you see more of the roots of your teeth?
16. Have you ever had any teeth become loose on their own (without an injury), or do you have difficulty eating an apple?
17. Have you experienced a burning or painful sensation in your mouth not related to your teeth?

#### TOOTH STRUCTURE

YES NO

18. Have you had any cavities within the past 3 years?
19. Does the amount of saliva in your mouth seem too little or do you have difficulty swallowing any food?
20. Do you feel or notice any holes (i.e. pitting, craters) on the biting surface of your teeth?
21. Are any teeth sensitive to hot, cold, biting, sweets, or do you avoid brushing any part of your mouth?
22. Do you have grooves or notches on your teeth near the gum line?
23. Have you ever broken teeth, chipped teeth, or had a toothache or cracked filling?
24. Do you frequently get food caught between any teeth?

#### BITE AND JAW JOINT

YES NO

25. Do you have problems with your jaw joint? (Pain, sounds, limited opening, locking, popping)
26. Do you feel like your lower jaw is being pushed back when you try to bite your back teeth together?
27. Do you avoid or have difficulty chewing gum, carrots, nuts, bagels, baguettes, protein bars, or other hard, dry foods?
28. In the past 5 years, have your teeth changed (become shorter, thinner, or worn) or has your bite changed?
29. Are your teeth becoming more crooked, crowded, or overlapped?
30. Are your teeth developing spaces or becoming looser?
31. Do you have trouble finding your bite, need to squeeze or shift your jaw to make your teeth fit together?
32. Do you place your tongue between your teeth or close your teeth against your tongue?
33. Do you chew ice, bite your nails, and use your teeth to hold objects, or have any other oral habits?
34. Do you clench or grind your teeth together in the daytime or make them sore?
35. Do you have any problems with sleep (i.e. restlessness or teeth grinding), wake up with a headache or an awareness of your teeth?
36. Do you wear or have you ever worn a bite appliance?

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_  
Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

# MEDICAL HISTORY

Patient Name \_\_\_\_\_ Preferred name \_\_\_\_\_ Age \_\_\_\_\_  
Name of Physician and their specialty \_\_\_\_\_ Phone \_\_\_\_\_  
Most recent physical examination \_\_\_\_\_ Purpose \_\_\_\_\_

**What is your estimate of your general health?**      Excellent      Good      Fair      Poor

**Describe any current medical treatment or impending surgery,** genetic/development delay, or other treatment that may possibly affect your dental treatment, including Botox, Collagen Injections

**List all drugs and medications, supplements, vitamins, and/or probiotics taken within the last two years.**

Drug _____	Purpose _____	Drug _____	Purpose _____
Drug _____	Purpose _____	Drug _____	Purpose _____
Drug _____	Purpose _____	Drug _____	Purpose _____

**DO YOU HAVE or HAVE YOU EVER HAD:**      YES      NO      YES      NO

1. Hospitalization for illness or injury
2. An allergic or bad reaction to any of the following:  
aspirin, ibuprofen, acetaminophen, codeine  
penicillin  
erythromycin  
tetracycline  
sulfa  
local anesthetic  
fluoride or chlorhexidine (CHX)  
iodine  
metals (nickel, gold, silver, )  
latex  
nuts, fruits, or milk  
other
3. heart problems, or cardiac stent within the last six months
4. history of infective endocarditis
5. artificial heart valve, repaired heart defect (PFO)
6. pacemaker or implantable defibrillator
7. orthopedic or soft tissue implant  
(e.g joint replacement, breast implant)
8. heart murmur, rheumatic or scarlet fever
9. high or low blood pressure
10. a stroke (taking blood thinners)
11. anemia or other blood disorder
12. prolonged bleeding due to a slight cut (or INR > 3.5)
13. pneumonia, emphysema, shortness of breath, sarcoidosis
14. chronic ear infections, tuberculosis, measles, chicken pox
15. breathing problems (asthma, stuffy nose, sinus issues)
16. sleep problems (e.g. sleep apnea, snoring, insomnia, restless sleep, bedwetting)
17. kidney disease
18. liver disease or jaundice
19. vertigo (e.g. "the room is spinning")
20. thyroid, parathyroid disease, or calcium deficiency
21. hormone deficiency or imbalance  
(e.g. poly cystic ovarian syndrome)
22. high cholesterol or taking statin drugs
23. diabetes (HbA1c = )
24. stomach or duodenal ulcer
25. digestive or eating disorders  
(e.g. celiac disease, gastric reflux, bulimia, anorexia)
26. osteoporosis/osteopenia or

- taken bisphosphonates
27. arthritis or gout
28. autoimmune disease  
(e.g. rheumatoid arthritis, lupus, scleroderma)
29. glaucoma
30. contact lenses
31. head or neck injuries
32. epilepsy, convulsions (seizures)
33. neurologic disorders  
(e.g. Alzheimer's, dementia, prion disease)
34. viral infections and cold sores
35. any lumps or swelling in the mouth
36. hives, skin rash, hay fever
37. STI/STD/HPV
38. hepatitis (type )
39. HIV/AIDS
40. tumor, abnormal growth
41. radiation therapy
- DO YOU HAVE or HAVE YOU EVER HAD:**      YES      NO
42. chemotherapy, immunosuppressive medication
43. emotional difficulties
44. psychiatric treatment or antidepressant medication
45. concentration problems or ADD/ADHD
46. alcohol/recreational drug use

**ARE YOU:**

47. presently being treated for any other illness
48. aware of a change in your health in the last 24 hours  
(e.g., fever, chills, new cough, or diarrhea)

YES NO

49. taking medication for weight management
50. taking dietary supplements, vitamins, or probiotics
51. often exhausted or fatigued
52. experiencing frequent headaches or chronic pain
53. a smoker (e.g. smokeless tobacco, vaping, e-cigarettes, and cannabis)
54. considered a touchy/sensitive person
55. often unhappy or depressed
56. taking birth control pills
57. currently pregnant
58. diagnosed with a prostate disorder

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_